

Geography 9116 Indigenous Health, Fall 2017
Western University

Instructor Information

Professor Chantelle Richmond
Social Science Centre 2433
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Meeting by appointment

Class Time and Location

Wednesdays, 9:30 – Noon
Indigenous Health Lab,
Social Science Centre, 3107

Course Description

In this interdisciplinary, seminar-based course, we will critically examine key determinants of Indigenous health as we engage with various concepts, theories, methods and ethical issues. Based on a review of the pertinent national and international literatures, we will explore differences between the health and social status of Indigenous and non-Indigenous peoples, and identify processes leading to these gaps. Students will be challenged to:

1. Identify theoretical frameworks for understanding Indigenous health and social inequality;
2. Describe methods used to measure health and social phenomena among Indigenous peoples;
3. Think critically about how theoretical and/ or methodological approaches can be used to improve Indigenous health and social conditions.

Learning Objectives

Students will build upon their critical thinking, writing, research and public speaking skills. Concepts, theories and methods used in the Indigenous health literature will be enhanced. Students in this course will come from various faculties across campus, and they will promote interdisciplinary learning on Indigenous health issues. *** While there are no pre-requisites for this course, a background in Indigenous health and/or social issues will be helpful when considering this course.*

Instructional Method

Student-led seminars, Active seminar discussion

Required text

Determinants of Indigenous People's Health in Canada: Beyond the Social. 2015. Canadian Scholars Press, Toronto. Edited by M. Greenwood, S. De Leeuw, NM. Lindsay and C. Reading.

Please purchase the textbook. Weekly readings will be posted to course website on OWL.

Course Assessment:

Student-led seminars (Dates TBD)	10%
Seminar participation	20%
Reflective journaling (Details available on OWL)	20%
Research paper outline (November 1)	10%
Research paper presentation (December 6) & Final paper (December 13)	40%

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Seminar Participation

Your instructor and your peers will evaluate your seminar participation. Please remember that there are various dimensions to effective seminar participation, including the following:

- Being well prepared, doing the readings, contributing meaningfully to the discussion
- Demonstrating insights that contribute to your peer's learning and to the integrity of the seminar
- Cooperating respectfully in the discussion, enhancing the learning space & peer participation
- Listening to & reflecting on your peer's ideas, being considerate of alternate views, opinions & ideas

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SEMINAR TOPICS & READINGS

Week 1: September 13: Indigenous health and social status

1. Richmond, C and Cook, C. 2016. Creating conditions for Canadian aboriginal health equity: the promise of healthy public policy. *Public Health Reviews*, 37:2, doi: 10.1186/s40985-016-0016-5
2. King M, Smith A, Gracey M. 2009. Indigenous health part 2: The underlying causes of the health gap. *Lancet*, 374: 76-85.
3. Adelson, N. 2005. The embodiment of inequality: health disparities in Aboriginal Canada. *Canadian Journal of Public Health* 96, S45–S61.
4. Reading, C. 2015. Structural Determinants of Aboriginal Peoples' Health. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp xi-xxix

Supplemental Reading

5. Gordon, C.E., White, J.P. 2014. Indigenous Educational Attainment in Canada. *The International Indigenous Policy Journal*, 5(3).

Week 2: September 20: Colonialism and health and well-being

1. Bourassa C, McKay-McNabb K, Hampton M. 2004. Racism, sexism and colonialism: The impact on the health of Aboriginal women in Canada. *Canadian Women Studies*, 24(1).
2. Reading, C. 2015. Structural Determinants of Aboriginal Peoples' Health. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 3-15.
3. Christensen, J. 2017. No home in a homeland: Indigenous Peoples and Homelessness in the Canadian North. UBC Press, Vancouver. Pp 3-19, and pp 20-37.

Supplemental Reading

4. Hunt, S. 2015. Embodying Self-Determination: Beyond the gender Binary. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 104-119.
5. Kral, M.J. 2012. Postcolonial Suicide Among Inuit in Arctic Canada. *Culture, Medicine and Psychiatry*, 36(2): 306-325.
6. Culhane, D. 2003. Their Spirits Live within Us: Aboriginal Women in Downtown Eastside Vancouver Emerging into Visibility. *American Indian Quarterly*, Vol. 27, No. 3/4: 593-606.

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Week 3: September 27: Indigenous knowledge

1. Tagalik, S. 2015. Inuit Knowledge Systems, Elders, and Determinants of Health: Harmony, Balance and the Role of Holistic Thinking. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 3-15.
2. Sa'ke'j Youngblood Henderson, James. 2016. L'nu Humanities. In *Visioning Mi'kmaw Humanities*, 2016. Cape Breton University Press, by Marie Battiste, pp 29-55.
3. Macdougall, B. 2015. Knowing who you are: Family history and Aboriginal determinants of health. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 185-204.

Supplemental Reading

4. Friendship, K.A., Furgal, C.M. 2012. The role of Indigenous knowledge in environmental health risk management in Yukon, Canada. *Int J Circumpolar Health*, 71: 10.3402/ijch.v71i0.19003
5. Sarkar, A., Hanrahan, M., Hudson, A. 2015. Water insecurity in Canadian Indigenous communities: some inconvenient truths. *Rural and Remote Health*, 15(4): 3354.

Week 4: October 4: Land as a determinant of health

1. Richmond CAM, Ross NA. 2009. The determinants of First Nation and Inuit health: A critical population health approach. *Health and Place*, 403-11.
2. Durkalec, A., Furgal, C., Skinner, M.W., Sheldon, T. 2015. Climate change influences on environment as a determinant of Indigenous health: Relationships to place, sea ice, and health in an Inuit community. *Social Science & Medicine*, 136-137 (2015) 17-26.
3. Tegee, T. 2015. Take care of the Land and the Land Will Take Care of You. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 120-133.

Supplemental Reading

4. Parlee B, Berkes F, Gwich'in T. 2005. Health of the Land, Health of the People: A Case Study on Gwich'in Berry Harvesting in Northern Canada. *Ecohealth* 2: 127–137.
5. Kingsley, J., Townsend, M., Phillips, R., Aldous, D. 2009. "If the land is healthy it makes the people healthy": The relationship between caring for Country and health for the Yorta Yorta Nation, Boonwurrung and Bangerang Tribes. *Health & Place* 15 (2009) 291–299.
6. Tobias, J.K., Richmond. C.A.M. 2014. "That land means everything to us as Anishinaabe....": Environmental dispossession and resilience on the North Shore of Lake Superior. *Health & Place*, 29 (2014) 26-33.

+++ NO CLASS OCTOBER 11th – This is Reading week! ++

Week 5: October 18: Indigenous traditions of healing and care

1. Mark, G.T., and Lyons, A.C. Maori healers' views on wellbeing: The importance of mind, body, spirit, family and land. *Social Science & Medicine*, Volume 70, Issue 11: 1756–1764.
2. Kotalik, J., Martin, G. 2016. Aboriginal Health Care and Bioethics: A Reflection on the Teaching of the Seven Grandfathers. *The American Journal of Bioethics*, 16(5): 38-43.
3. Marsh, T.N., Cote-Meek, S., Young, N.L., Najavitis, L.M., Toulouse, P. 2016. Indigenous Healing and Seeking Safety: A Blended Implementation Project for Intergenerational Trauma and Substance Use Disorders. *The International Indigenous Policy Journal*, 7(2).

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4. Chandler, M., Dunlop, W.L. 2015. Cultural Wounds Demands Cultural Medicines. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 78-89.

Supplemental Reading

5. Waldram et al., 2006. Aboriginal Health in Canada, University of Toronto Press, Chapter 5: "Medical traditions in Aboriginal cultures."
6. Robbins, J.A., Dewar, J. 2011. Traditional Indigenous Approaches to Healing and the modern welfare of Traditional Knowledge, Spirituality and Lands: A critical reflection on practices and policies taken from the Canadian Indigenous Example. *The International Indigenous Policy Journal*, 2(4).

Week 6: October 25: Indigenous Health and Health Care

1. Caron, N. 2015. Reflections of One Indian Doctor in a Town up North. In *Determinants of Indigenous People's Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 205-218.
2. Browne A, Smye V. 2004. A post-colonial analysis of healthcare discourses addressing Aboriginal women. *Nurse Researcher*, 9 (3): 28-41.
3. Allan B., Smylie J. First Peoples, Second class treatment: The role of racism in the health and well-being of Indigenous peoples in Canada. Toronto: The Wellesley Institute; 2015. Available: <http://www.wellesleyinstitute.com/wp-content/uploads/2015/02/Summary-First-Peoples-Second-Class-Treatment-Final.pdf>

Supplemental Reading

4. National Collaborating Centre for Aboriginal Health. Looking for Aboriginal health in Legislation and Policies, 1970–2008: The Synthesis Project. 2011. Prince George. Available: [http://www.nccah-ccnsa.ca/Publications/Lists/Publications/Attachments/28/Looking%20for%20Aboriginal%20Health%20in%20Legislation%20and%20Polcies%20\(English%20-%20Web\).pdf](http://www.nccah-ccnsa.ca/Publications/Lists/Publications/Attachments/28/Looking%20for%20Aboriginal%20Health%20in%20Legislation%20and%20Polcies%20(English%20-%20Web).pdf)
5. Waldram, JB. 1997. The Way of the Pipe: Aboriginal spirituality and symbolic healing in Canadian prisons. University of Toronto Press. Chapter 1.
6. Lowell, A., Kildea, S., Liddle, M., Cox, B., Paterson, B. 2015. Supporting aboriginal knowledge and practice in health care: lessons from a qualitative evaluation of the strong women, strong babies, strong culture program. *BMC Pregnancy and Childbirth*, 2015, 15: 19.
7. June Yi, K., Landais, E., Kolahdooz, F., Sharma, S. 2015. Factors Influencing the Health and Wellness of Urban Aboriginal Youths in Canada: Insights of In-Service Professionals, Care Providers, and Stakeholders. *American Journal of Public Health*, 105(5): 881-890.
8. Rahaman, Z., Holmes, D., Chartrant, L. 2016. An Opportunity for Healing and Holistic Care: Exploring the Roles of Health Care Providers Working Within Northern Canadian Aboriginal. *Journal of Holistic Nursing*; Ottawa Faculty of Law Working Paper No. 2016-19.

Week 7: November 1: Ethics and Indigenous research

Family Medicine, Grand Rounds (Presentation by Prof Richmond, Details forthcoming)

**** Research paper outline due 4pm by e-mail ****

1. Castellano MB. 2002. Ethics of Aboriginal Research. *Journal of Aboriginal Health*, Jan: 98-114.
2. Meadows, L. M., Lagendyk, L. E., Thurston, W. E., & Eisener, A. C. 2003. Balancing culture, ethics and methods in qualitative health research with aboriginal peoples. *International Journal of*

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Qualitative Methods, 2 (4). Article 1. Retrieved [August 18, 2009] from http://www.ualberta.ca/~iiqm/backissues/2_4/pdf/meadows.pdf

3. Louis, R. P. (2007). Can You Hear Us Now? Voices from the Margin: Using Indigenous Methodologies in Geographic Research. *Geographical Research*, 45(2): 130-139.

Supplemental Reading

4. Stiegman, M.L., Castleden, H. 2015. Leashes and Lies: Navigating the Colonial Tensions of Institutional Ethics of Research Involving Indigenous Peoples in Canada. *The International Indigenous Policy Journal*, 6(3).
5. Tri-Council Policy Statement 2—2nd edition of *Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans, Chapter 9: RESEARCH INVOLVING THE FIRST NATIONS, INUIT AND MÉTIS PEOPLES OF CANADA*: <http://www.pre.ethics.gc.ca/eng/policy-politique/initiatives/tcps2-eptc2/chapter9-chapitre9/>

Week 8: November 8: Community-based research approaches

1. Wallerstein NB and Duran B. 2006. Using Community-Based Participatory Research to Address Health Disparities. *Health Promotion International*, 7: 312-23.
2. Cochran P, Marshall C, Garcia-Downing C, Kendall E, Cook D, McCubbin L. Gover, RMS. 2008. Indigenous Ways of Knowing: Implications for Participatory Research and Community. *American Journal of Public Health*, 98(1): 22-27.
3. Castleden, H., Sylvestre, P., Martin, D., McNally, M. 2015. “I Don't think that Any Peer Review Committee . . . Would Ever ‘Get’ What I Currently Do”: How Institutional Metrics for Success and Merit Risk Perpetuating the (Re)production of Colonial Relationships in Community-Based Participatory Research Involving Indigenous Peoples in Canada. *The International Indigenous Policy Journal*, 6(4).

Supplemental Reading

4. de Leeuw, S., Cameron, E.S., and Greenwood, M.L. (2012). Participatory and community-based research, Indigenous geographies, and the spaces of friendship: A critical engagement. *The Canadian Geographer / Le Géographe canadien* 2012, 56(2): 180–194

Week 9: November 15

Decolonizing methodologies

1. Tuhiwai-Smith, L. 1999. Decolonizing methodologies: Research and Indigenous Peoples. Zed Books: London. Chapters 2 and 3.
2. Kelly, J. et al., 2012. "Makes you proud to be black eh?": Reflections on meaningful Indigenous research participation. *International Journal for Equity in Health* 2012, 11:40 doi:10.1186/1475-9276-11-40
3. Richmond, C. (2016). Applying decolonizing methodologies in environment-health research: A community based film project with Anishinabe Communities. In N. Fenton and J. Baxter (Eds) *Practicing Qualitative methods in Health Geography*. Routledge, New York.
4. Big-Canoe, K., Richmond, C.A.M. 2014. Anishinabe youth perceptions about community health: Toward environmental repossession. *Health & Place*, 26 (2014): 127-135.

Supplemental Reading

5. Braun, K.L., Browne, C.V., Sue Ka’opua, L., Jung Kim, B., Mokuau, N. 2014. Research on Indigenous Elders: From Positivist to Decolonizing Methodologies. *The Gerontologist*, 54(1): 117-126.

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6. Hankivsky, O., Grace, D., Hunting, G., Giesbrecht, M., Fridkin, A., Rudrum, S., Ferlatte, O., Clark, N. An intersectionality-based policy analysis framework: critical reflections on methodology for advancing equity. *International Journal for Equity in Health*, 2014 13:119

Week 10: November 22: Innovation in Indigenous health research

1. Martin, D.H. 2012. Two-Eyed Seeing: A Framework for Understanding Indigenous and Non-Indigenous Approaches to Indigenous Health Research. *Canadian Journal of Nursing Research*, 44(2): 20-42.
2. Ginn, C. S., Kulig, J.C. 2015. Participatory Action Research with a Group of Urban First Nations Grandmothers: Decreasing Inequities through Health Promotion. *The International Indigenous Policy Journal*, 6(1).
3. Tobias, J., Richmond, CAM. 2016. *Gimiigiwemin*: Putting Knowledge Translation Into Practice With Anishinaabe Communities. *International Journal of Indigenous Health*, 11 (1): 228-243.
4. Makokis, P., Makokis, J. 2015. *miyo-pimatisiwin*: Practicing “the Good Way of Life” from the Hospital Bed to Mother Earth. . In *Determinants of Indigenous People’s Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 205-218.

Supplemental Reading

5. Roy, S., Campbell, B. 2015. An Indigenous Epistemological Approach to Promote Health through Effective Knowledge. *Journal of Indigenous Research*, 4, 2015, 2.
6. Willox, A.C., Harper, S.L., Ford, J., Landman, K., Houle, K., Edge, V.L. and the Rigolet Inuit Community Government. 2012. “From this place and of this place:” Climate change, sense of place, and health in Nunatsiavut, Canada. *Social Science & Medicine*, 75 (3): 538–547.

Week 11: November 29: Challenging the biomedical model

1. O’Neil, J., Reading, J., Leader, A. 1998. Changing the Relations of Surveillance: The Development of a Discourse of Resistance in Aboriginal Epidemiology. *Human Organization*. 57 (2): 203-37.
2. Walker, L.M., Behn-Smith, D. 2015. Medicine is Relationship, Relationship is Medicine. In *Determinants of Indigenous People’s Health in Canada: Beyond the Social*, 2015. Canadian Scholars Press, Toronto. Edited by Greenwood et al. pp 244-254.
3. Khoury, P. 2015. Beyond the Biomedical Paradigm: The Formation and Development of Indigenous Community-Controlled Health Organizations in Australia. *International Journal of Health Services*, 45(3): 471-494.

Supplemental Reading

4. Mitchell, F.M. 2012. Reframing Diabetes in American Indian Communities: A Social Determinants of Health Perspective. *Health Social Work* (2012) doi: 10.1093/hsw/hls013

Week 12: December 6 ** Paper presentations**

Details to be place on OWL

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Statement on Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_grad.pdf

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system.

Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

Support Services

Students who are in emotional/mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

Registrarial Services: <http://www3.registrar.uwo.ca/index.cfm>

Student Development Services: <http://www.sdc.uwo.ca/>